

YOUR LOCAL COUNCILLORS ARE: -

Councillor Lisa Bayley – (Chair of the Parish Council)

lisabayleyparish@btinternet.com

Tel: 01442 211602

Councillor Jan Maddern – (Vice Chair of Parish Council)

jan.maddern@hotmail.co.uk

Tel. 07711066696

Councillor Dave Jackson - (Chair of Finance)

david.jackson@nashmillsparishcouncil.gov.uk

Tel: 01442 230892

Councillor Louise Gross- (Chair of Personnel)

louisemckaygross@yahoo.co.uk

Councillor Peter Lardi – (Chair of Planning)

NMPC.planning@gmail.com

Tel: 07501008199

Councillor Rosie Moubray (Vice Chair of Finance and Personnel)

rmoubray5@yahoo.co.uk

Tel: 07966463987

Councillor Helen Gough

helen.gough1@ntlworld.com Tel: 01442 382989

Councillor Terence Collins

terence.collins2@ntlworld.com

Tel: 01442 405220

E: clerk@nashmillsparishcouncil.gov.uk

T: Linda Sutton - 01462 735553 or visit:

W: www.nashmillsparishcouncil.gov.uk

A: 154 Hitchin Road, Stotfold, Herts, SG5 4JE



Druglink's objective is to make a significant and positive impact on the lives of those misusing drugs & alcohol, their families and the communities in which they live. By pursuing their objective, they aim to make an effective contribution towards a reduction in problems related to drug and alcohol misuse within the community.

Druglink delivers services around the UK along a pathway of prevention, recovery and reintegration.

What makes them different from other treatment organisations is that they focus on the re-integration of their clients into their local communities rather than the delivery of a short-term treatment/recovery plan. Their five main activities are offering counselling, advice, information and support to people experiencing, substance related problems.

They provide advice, information and consultation, along with training and educational opportunities. They also provide residential detoxification and rehabilitation programmes.

They help support people affected by addictions. They deliver an extensive range of treatments meeting the needs of the local community.

The most local centre of Druglink Ltd is based here in Nash Mills. To get in contact for advice or further information please call: **01923 260733** or alternatively email: druglink@druglink.ltd.uk

SJM Accountancy Services Ltd

Caters for all accountancy work from individuals/sole traders up to consultancy work for large corporate companies

Tax returns for individuals, sole traders and companies

Vat advice and returns

CIS returns

Rental property taxation

Account preparation for self employed, ltd companies and partnerships

Management accounts

Set up or advice for new accounting systems,

forecast/budgeting, payroll, cash flow

Commercial / Project accountancy consultancy work for large companies

All work completed by a fully licensed ACCA Accountant

Fast, friendly & efficient service

Call or e-mail for advice or a free estimate

Telephone: 01442 231504

Mobile: 07799 411236

E-Mail: Sandra@sjmaccountancy.co.uk

Advertising in Nash Mills Parish Council Magazine

Would you like to advertise in our Parish Magazine? We have three editions published annually - spring, summer and winter. Our magazine is circulated to approximately 1100 residents and to some local businesses and schools within the Nash Mills parish area. We also upload a pdf of the magazine onto the parish council's website so visit:

www.nashmillsparishcouncil.gov.uk

Or contact the Parish Clerk on 01462 735553.

Do you know someone who needs care? Our Nash Mills team offers specialist Live-in Care.

Working with people of all ages, our Live-in Carers provide one-to-one support, balancing independent living with bespoke care needs.

We can assist with:

- personal care
- companionship
- housekeeping

Our award-winning service - **Helping Hands** is rated Excellent by the Care Quality Commission.

Find out how we can

help you, please call

0808 180 1027 or visit www.helpinghands.co.uk


Helping Hands Established since 1989

P. W. ANDERSON & WOODMAN BROS. LTD.

SOLID FUEL MERCHANTS

CALOR GAS SUPPLIERS

HORTICULTURAL SUPPLIES

PET FOOD – BIRD SEED

BUILDING SUPPLIES

BARNACRES MILL, THE DENES,

HEMEL HEMPSTEAD.

HP3 8AP

TELEPHONE: 01442 264271

**Make your mother
happy**



Join South Bucks Jewish Community
www.sbjc.org.uk or email membership@sbjc.org.uk

SBJC is a member of Liberal Judaism and a registered charity 1098078

South Bucks Jewish Community (SBJC) is a flourishing Jewish community based in South Buckinghamshire.

We're friendly, informal and inclusive, welcoming Jews and those interested in Judaism from across South Bucks and West Herts. We are a growing congregation with members now numbering more than 200 adults and children.

We meet for our weekly services in Amersham and run a thriving religion school in Ley Hill.

Our dynamic Rabbi, Charley Baginsky, who lives in Hemel Hempstead, takes good care of the community's religious and pastoral needs. As well as leading services and being an integral part of our religion school, she ensures that our life cycle events are a key part of our Jewish experience.

We welcome all Jews, non-Jewish partners and families to our weekly and festival services as well as our varied events. And we are always keen to get out there and be part of our wider community.

We regularly invite people from outside the community to attend services and functions and every year we enter a team into our local 'Relay for Life' raising money for cancer research.

If you would like more information about our community please either call **0845 644 2370** (local call rate) email membership@sbjc.org.uk log on to facebook.com/SouthBucksjc or alternatively visit www.sbjc.org.uk

Ken Hodson

**Computer Hardware and Software Repairs,
Individual Tuition
Upgrades and Advice for Home and
Business**

Tel. 07974 156743 or 01582 794723

enquiries@kenhodsoncomputerservices.co.uk

www.kenhodsoncomputerservices.co.uk

- No fix, no fee for all repairs - you have nothing to lose!
- Low hourly rate.
- Most repairs carried out in your home. If not the computer will be picked up and delivered back to you.
- Problems with Windows / Applications / Games / Internet / networks fixed.
- Friendly training and instructions given in plain English!
- Advice given on upgrades - many older computers can be upgraded at a fraction of the cost of a new machine.
- Upgrades of hardware and software carried out.

APSLEY DOMESTIC CLEANING

LOCAL COMPANY ESTABLISHED SINCE 2002

**REGULAR WEEKLY CLEANING AND IRONING
WITH THE SAME CLEANER.**

WE VET CLEANERS AT THEIR HOME.

**YOU MEET & APPROVE CLEANER BEFORE
START. TYPICALLY £11 P/H INC.**

“RELAX AND LEAVE THE CLEANING TO US”

01442 235 253

**26 GREAT ELMS RD, NASH MILLS,
HEMEL, HP3 9TJ**

Potted History of Nash Mills Church of England School.



Nash Mills Church of England Primary School was founded by the paper industrialist John Dickinson in 1847.

The school was built at a cost of £597. It comprised a house for the teacher and one large room for the pupils. Unfortunately, little is known about those early years of the school because it is thought that any records may have been destroyed when John Dickinson's offices were bombed during World War II.

The earliest Minute book of the Committee of Management of the School has its earliest entry dated 1871. The members were Charles Longman (of the publishing family), John Evans (son-in-law of John Dickinson and a famous archaeologist) and Revd David Ingles, first vicar of St Mary's, Apsley End.

Miss Armstrong was then the teacher and there were 80 pupils. Her pay for the first quarter of 1871 (13 weeks) was £7.79. She lived in the school house rent free! For more details of our local School visit their website:

<http://www.nashmills.herts.sch.uk/> or call: 01442 252972

**HARVEY MELLISH ELECTRICAL
LOCAL SERVICES**

All types of electrical installations
Domestic to Commercial

Inspection and Testing reports, landlord Safety
Inspections,

PAT Testing & Electrical Maintenance
Friendly and Efficient service

Please call for advice or a free estimate

All work tested & certified

Fully insured and qualified

No Job too small

Telephone: 01442 231504

Mobile 07920127368

Email: graham@harveymellish.co.uk

PART 'P' APPROVED

ELECSA Approved Contractor & registered
member 22722



Nash Mills Parish Council 'Free Dog Bag Scheme'



If you are a dog walker or dog owner and would like a supply of free dog bags then visit 'Town Tub' launderette and drycleaners or 'Buggsy's unisex hair salon who have both kindly agreed to store dog bags on our behalf.

They are situated at The Denes, Hemel Hempstead, Hertfordshire, HP3 8AP.

Alternatively, speak to our friendly parish warden Dave when he is on his rounds.



Explore all that Hertfordshire's green spaces have to offer. Walks and More is a programme of FREE outdoor events in Hertfordshire.

Why not broaden your knowledge of local history, discover wildlife, explore new areas or even get stuck in with some practical habitat management.

Visit the Walks & More website for full details and a programme of outdoor events in Hertfordshire this summer.

www.hertfordshire.gov.uk/walksandmore

Stop Smoking Service



Trying to give up smoking can be difficult, even when you know it's the right thing to do for your baby. The Stop Smoking Service can help.

You're 4 times more likely to quit smoking with their help. The benefits of quitting - For you:

More likely to have a healthy pregnancy and healthy baby, with a reduced risk of stillbirth. Save money. The average smoker saves around £150 a month or more – nearly £2,000 a year. Feel fitter and have healthier skin and teeth.

For your baby:

Cope better with any birth complications. Less likely to have problems like asthma, learning difficulties or diabetes. Less likely to develop infections or problems during or after labour.

There are over 300 local stop smoking services in **Hertfordshire** offering non-judgemental support, either one-to-one or for groups in the workplace.

Call them on **0800 389 3998** or Text **SMOKEFREE** to 80818 alternatively, email them on:

stopsmokingservice@hertscgcsx.gov.uk

What happens next? The stop smoking service will be in touch within **48 hours** to start your smoke free journey.

They understand what it's like to be a smoker and will provide weekly support for up to 12 weeks, either face-to-face or over the phone, create a plan with you to help you quit, advise on nicotine replacement therapy, e-cigarettes

and other products and motivate you through the challenging times and help you combat cravings, show your progress with regular carbon monoxide breath tests.

Is smoking less enough? Cutting down isn't enough. Every cigarette can have a damaging effect. But as soon as you quit, you'll be reducing the harmful effects smoking has on your baby. You can use medication like gum or patches if you are pregnant. There are several safe and effective products you and your partner can get for **free**. The stop smoking advisors can tell you about the options. All pregnancies are different, but you can ensure your baby has the best start in life by kicking the habit.

What about Electronic cigarettes? E-cigarettes are 95% safer than smoking. Pregnant women can use e-cigarettes, but are advised to use licensed stop smoking medicines instead. Contact the service for behavioural advice on using an e-cigarette to help you quit.

The Stop Smoking Service is **free**, but you'll have to pay for any prescriptions you might need. They can advise you on how to save money with a prescription pre-payment certificate. The nearest clinic to Nash Mills is the Civic Centre, The Marlowes.

Contact the Stop Smoking Service for free, non-judgemental advice and support. The stop smoking advisors will ensure that you, your partner, friends and family get the right support to quit and will help you every step of the way.

Visit the NHS Smokefree website:

<https://www.nhs.uk/smokefree/help-and-advice> for more information about e-cigarettes, the effects of smoking and other ways to kick the habit.



Abbot's Hill is a happy, dynamic and thriving school for girls aged 4-16 years. Our Day Nursery and Pre-School caters for girls and boys from 6 months. Our happy and united community gives each pupil the opportunity to shine.

The school is set within 76 acres of parkland on the outskirts of Hemel Hempstead, where our first-rate facilities provide space for outdoor sport and extra-curricular activities. We have a strong record of academic success. Throughout the school, pupils are taught in small classes in which excellent teaching and personalised support ensure that everyone is inspired to exceed their potential and to shine.



At Abbot's Hill, we pride ourselves on our pastoral care. The sense of being part of an extended family is frequently commented on by pupils, parents and staff alike. The School's ethos is one which places the well-being and success of the individual child at its centre, and this is reflected in many aspects of School life.

Our extra-curricular clubs offer a lively balance of sport, performing and creative arts, science and technology, journalism, problem-solving and debating. The school is involved in charitable and school partnership activities in the wider community. In such a nurturing environment, pupils grow naturally in confidence, are happy to embrace new challenges and eagerly take on increasing responsibilities. Pupils leave Abbot's Hill fully equipped to take on with passion the challenges and opportunities life has to offer. To experience Abbot's Hill for yourself, come along to one of our Open Events (full details are available on our website) or you can email our Registrar at registrar@abbotshill.herts.sch.uk or call us on **01442 240333**.

NASH MILLS VILLAGE HALL



Available to hire for...

private parties, meetings, social events etc

Facilities include a large hall (approx 15m x 8m) – fully refurbished in the last 18 months – with wooden parquet flooring and seating for 120 people (tables and chairs provided) plus optional staged area, kitchen with oven, sinks and urn, separate smaller meeting room, buffet serving area, central heating, WC (including disabled), storage facilities for regular users and all with parking for up to 35 cars and very competitive rates.

ENQUIRIES: for bookings, charges or any other information, please either:

Call 07554 997144 or Visit www.nashmillsvillagehall.co.uk

Nash Mills Village Hall,

Lower Road, Nash Mills, Hemel Hempstead, HP3 8RT

(Advert sponsored by Nash Mills Parish Council)

'Summer Fun' Quiz

- 1) Who wrote and sang the song 'Hot in the City'?
- 2) Name the two artists who sang together on the track 'Summer Lovin'?'
- 3) Which famous group sang 'Summer Night City'?
- 4) Which former member of 'The Jam' went onto to sing 'Long Hot Summer'?
- 5) Which girl band sang 'Cruel Summer' in 1983?
- 6) In what year was 'Summertime Blues' a hit?
- 7) What song did Mungo Jerry sing in 1970?
- 8) In what year did Lana Del Ray release her song 'Summertime Madness'?
- 9) What was the seasonal title of the song released by Jerry Keller in 1962?
- 10) Which band member of The Eagles wrote and sang 'The Boys of Summer'?
- 11) Which set of siblings sang 'Summer Breeze'?
- 12) Which 'King' sang about 'Lazy, Hazy, Crazy Days of Summer'?
- 13) Garth Brooks sang 'That Summer' what is his full name?
- 14) Which artist released a track called 'Youth of a 1000 Summers' in 1990 from his album 'Enlightenment'.
- 15) Who produced the Beach Boys album 'All Summer Long'.

Answers to 'Ring in Spring' the Spring Quiz 2017 Edition 115

- 1) Vivaldi.
- 2) Hibernating animals have an 'internal clock'.
- 3) 'The Spring Offensive'.
- 4) To protect their nests.
- 5) Lent.
- 6) An egg or a broom.
- 7) Whales.
- 8) An increase in pollen.
- 9) Love Labour's Lost.
- 10) Lamb.
- 11) When day and night are of equal length.
- 12) Symbolises new life.
- 13) Cherry Blossom.
- 14) The Stork.
- 15) September.

Thank you for all your entries however, there were no winners this time. This means we have a 'rollover' amount of **£20.00**.

Please post your entries for the '**Summer Fun**' quiz to the Parish Clerk or alternatively email your entry to: clerk@nashmillsparishcouncil.gov.uk by the **30th September 2017**. The winning entry (drawn at random) with all the 15 correct answers will win £20.00.

News From ST Mary's Church, Apsley



All of us (over 30 adults & children) who went on the Canal Boat Trip in the middle of June had a very enjoyable Sunday afternoon cruising down the canal from Nash Mills to Hunton Bridge. It might be a slower way to travel, but when you are eating and drinking tea it certainly is a good way to take in the local scenery.

The same can be said about the Strawberries & Cream Tea which we held in July. Indeed, this event not only attracted members from our own congregation but also people passing through the area on their canal boats.

For both of these events the weather was kind to us and the sun shone.

Although we are now into the summer months of the year, and many people will be taking holiday breaks, the churches year continues as normal.

Our **Sunday School** which takes place during our 10am service every Sunday will continue throughout the

summer, and all are welcome to come along and join in. The same is true about our **Community Café** which is open between 10am -12 noon every Saturday, and as well as providing refreshments also gives you the chance to visit your local parish church and the possibility of a time of peace.

We also continue our outreach to the local community over the summer months with monthly services being held at Florence Longman House in Apsley, and the Water Mill House Care Home in Nash Mills.

A reminder that our Christmas Bazaar will be taking place on Saturday 18th November from 10am - 1pm. and we will be holding our first **Angel Festival** from Friday 8th to Sunday 10th December.

More details concerning all services and events across our Benefice can be found on our web site which is www.beneficeoflangelei.org.uk

Meanwhile, why not take a trip down to St Mary's either for a service ,a walk around the churchyard or just a time of quiet as you enjoy the summer weather, sit on one of the churchyard seats and listen to the church bells!!

Peter Bladon.

Community Action Dacorum



VOLUNTEER DRIVERS NEEDED

Community Action Dacorum helps run a Community Transport service covering Hemel, Berkhamsted, Tring and surrounding villages for residents who are unable to use public transport or taxis due to mobility or medical reasons.

Unfortunately, they are in a situation where at present they are cancelling requests for help to health appointments from individuals due to lack of volunteer drivers.

Volunteer drivers are urgently needed to support the Community Transport service. The role would suit someone who enjoys driving and meeting people and has a few hours spare to volunteer.

They require friendly individuals who are able to carry out a wide variety of trips both local and long distant for residents who find it difficult to get out because of their mobility. No extra insurance is required and you receive an allowance for every mile travelled.

This is a very rewarding and satisfying opportunity and as a volunteer you will be contributing towards a vital service to help people with mobility issues remain independent and access vital services.

If you have some spare time on your hands, want to volunteer for something but don't necessarily want to commit to a regular day or time and want something that is very rewarding yet flexible where you can do as little or as much as you want.



Contact Deborah Fogden, Community Action Dacorum on **01442 253935** or alternatively email:

deborah@communityactiondacorum.org.uk or visit their website:

www.communityactiondacorum.org.uk

Dacorum Cycle Hub

In partnership with Watford Cycle Hub and Osborne Property Services, DBC run a non-profit community cycle centre based at Grovehill/Woodhall Farm Adventure Playground.

They aim to provide a great meeting place for cyclists and non-cyclists to catch up over coffee and cake, or maybe to refuel after a ride.

They offer leisurely, guided and sociable rides - perfect for those of you looking to get back into cycling or who ride a little but could do with some company or encouragement on your ride.

The new Dacorum Cycle Hub is an excellent starting and/or finishing point for your ride and offers a variety of facilities:

Free guided social rides

Café

Bike registering

Bike hire

Refurbished bikes for sale

Servicing and repairs: to book a service or repair, please call 01923 223994.

You don't have to be a cyclist to enjoy Dacorum Cycle Hub, all are welcome.

For more information visit: www.letsride.co.uk or www.watfordcyclehub.org.uk

Waterways Experiences



They are a registered charity and operate three large canal boats from a beautifully landscaped boatyard on the Grand Union Canal, Nash Mills Recreation Centre, Red Lion Lane, Hemel Hempstead, HP3 9TE. Their mission is to promote well-being by providing affordable canal boat trips particularly for the disadvantaged. As well as day trips all year round, they provide very special holidays for teenagers with learning difficulties or other disadvantages.

They operate without any paid employees. As volunteers, what makes them tick is the satisfaction of being able to share their passion for the waterways and canal boating with people normally excluded from this pastime.

Some of the things that make their boats and their service special: all their boats are designed to provide great access for the less mobile. They have ramps and lifts and plenty of turning space for wheelchairs. everyone on board has the opportunity to get involved with working the boat (steering and operating locks). For those for whom steering and lock operation is either not appealing or not feasible, the novelty of the surroundings and close encounters with nature is very special. Shyer passengers often surprise themselves by their achievements in rising to the challenge! Contact them on 01923 723 819 or visit their website: <http://wexp.org.uk>

Useful Numbers

Abandoned vehicles 01442 228000
Affinity (water) 0845 7823333
Age UK Dacorum 01442 259049
Benefit Enquiries 01442 228000
Boxmoor Trust 01442 253300
Citizens Advice Bureau 08448 731303
Community Action Dacorum 01442 253935
Council Tax 01442 867860
Dacorum Borough Council 01442 228000
Dacorum Volunteer Bureau 01442 214734
Dacorum Youth Forum 01442 228741
Dog Warden 01442 228000
Environmental Services 01442 228000
Gas Emergencies 0800 111 999
Hemel Hempstead General Hospital 01442 213141
Herts County Council 0300 123 4047
Housing and Council Tax 01442 228000
Housing Repairs 01442 228000
Housing Services 01442 228000
Job Centre 0845 6043719
Minicom 01442 228656
Nash Mills Parish Council 01462 735553
NHS Advice free number 111
Neighbourhood Action 01442 228429
Pest Control 01442 228000
Pollution 01442 228000
Police Emergency 999
Police non-emergency 101
Potholes 0300 123 4047
Recruitment (DBC) 01442 228000
Shopmobility 01442 259259
Sportspace 01442 507100
The Centre in The Park 01442 262746
Waste Services 01442 228000

Nash Mills Parish Council

PARISH MAGAZINE

**Edition 116
SUMMER 2017**